# THERABAND DYNAMIC RESISTANCE











## **NEW - High Resistance Bands Elevate Performance and Accelerate Recovery**

Designed to improve sports performance, elevate fitness and increase strength. Backed by over 40 years of professional use, TheraBand continues to be the brand most trusted by clinicians, professional athletes, and everyday fitness enthusiasts.

- 41" loop 0.25" thick
- Four easily identified colors of progressive resistance
- Comes with safety instructions and exercise chart
- Imprinted visual resistance indicator
- Ideal for assisted pull-ups, power lifting, Pilates, targeted stretching, toning exercises and full-body workouts
- Perfect for adding tension to common exercises
- Made from a highly durable, natural latex rubber

#### **Visual Resistance Indicator**







Please visit THERABAND.COM/INFO for the most up to date instructions and information. Safety and product care information located at http://www.theraband.com/care-and-safety



Light 15 lbs. / 7 kg

Medium 25 lbs. / 11 kg

Heavy 35 lbs. / 16 kg

X-Heavy 50 lbs. / 23 kg

\* Estimated resistance levels are based on pull forces to stretch band between 100% and 200% elongation



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#### **Single High Resistance Bands**

7102873 Light: 15 LB / 7 KG \$19.99 7102874 Medium: 25 LB / 11 KG \$24.99 7102875 Heavy: 35 LB / 16KG \$29.99 7102876 X-Heavy: 50 LB / 23 KG \$39.99

### **High Resistance Band Bundles**

7102877	Set of 4: 1-Light, 1-Medium, 1-Heavy, 1-X-Heavy	\$59.99
7102878	Set of 2: 1-Heavy, 1-X-Heavy	\$25.99
7102879	Set of 2: 1-Medium, 1-Heavy	\$35.99
7102880	Set of 2: 1-Light, 1-Medium	\$45.99





1-800-556-3326

www.medco-athletics.com

