

FREEDOM TRAINER DOUBLE STACK- MEDICAL

ITEM # **F3FTD-M**



FOR YOUR PROTECTION,
THIS EQUIPMENT HAS
BEEN TREATED WITH
mPale™ ANTIMICROBIAL.

www.mpactusa.com

For years, the Nautilus® Freedom Trainer has been the most popular, functional exercise machine on the market!

- Improves strength in integrated movements that imitate specific activities--either sports-related or the movements that make up daily life.
- 2:1 weight ratio gives an incremental resistance of 5 lbs. at each grip.
- The arms adjust in a horizontal and vertical plane and are counterbalanced for ease of adjustment.
- Visually-affirmed, positive locking vertical adjustments provide an additional measure of safety
- Versatility allows for an infinite number of exercises. Exercises can be performed standing, seated or in a supine or prone position with the use of a ball, bench or seated chair (optional benches available)
- Accessories include: Iliac crest belt, 42"- 3 pound bi-lateral bar, adjustable D handles, 4-point ankle harness
- ADA Compliant. Wheelchair accessible. Horizontal plane adjustment.
- Maximum width with arms straight out - 142", Maximum height with arms at max height position - 100"
- Maximum depth with arms straight forward - 67"
- Two 160-lb stacks with a 10-lb increments. Machine Weight: 581 lbs.
- Warranty: 85 WbSfeS Vi VW Wfe >[WV W ? WZS [US bSfe, %kVSc- I V&dbSfe (_ a` fZe- >STad #kV&d />STadi Sds` fk Sbb (Vea` k fa GE3 S` V 5S` SVSž 8adUa_ b WWWVS[ea` kagd [fW i Sds` fkt b V&eWV? WZf EkefW_ ey>L [fW I Sds` fk a` agdi WefVsf i i i ž Sgf[geLa_ _ VuJSUa_ ži

In the interest of product development and improvement, specifications subject to change without notice.